Support and Tools for Refugees and Asylum Seekers in London

National or London Wide Support Groups

Breaking Barriers
https://breaking-barriers.co.uk/
Provide employment support for refugees.

British Red Cross
redcross.org.uk/get-help/get-help-as-a-refugee
Provide help with the urgent needs of refugees, asylum seekers and other vulnerable migrants.

CIRCLE (Groundwork)
www.groundwork.org.uk/circle
Offer "Culture, language and employment" support to refugees and new migrant communities.

fencesandfrontiers.org
Citizens of the World Choir
http://www.citizensoftheworldchoir.org/

The COTW is a choir of refugees, asylum seekers, migrants and friends. They provide a safe space for refugees to express themselves through the healing power of music, as well as creating a diverse, friendly social community. citizensoftheworldchoir@gmail.com

City of Sanctuary
A network of UK organisations aiming to make the UK a place of welcome for people seeking Sanctuary.
Find your local network group: cityofsanctuary.org/groups/

Code your future
https://codeyourfuture.io/
Free coding school for refugees, asylum seekers and others facing difficulties or barriers to education and employment. Equips students with the skills and confidence to begin careers within the tech sector. Groups based across the UK, in London, Manchester, Glasgow and now the West Midlands.

Hope for the young
https://hopefortheyoung.org.uk/
Provide young refugees and asylum-seekers mentoring and financial support to help with their education and wellbeing.
Host Nation
www.hostnation.org.uk/
Online befriending service for refugees and asylum seekers.

Jesuit Refugee Service UK
www.jrsuk.net/
Run a Day Centre for destitute asylum seekers who are not eligible for asylum support, Section 4 support or assistance from social services. They also arrange visitors for people in Colnbrook and Harmondsworth Immigration Removal Centres. Call 020 7488 7310 for support.

Migrant Help
www.migrantheelpuk.org/
Offer a wide range of specialist support for migrants. Free asylum helpline: 0808 8010 503

My Bright Kite CIC
https://www.mybrightkite.org/
Support the inclusion and empowerment of young refugees through tailored youth programmes, refugee awareness talks and training.

Ourmala
www.ourmala.com/
Deliver free yoga sessions for refugees and asylum seekers.
Praxis
www.praxis.org.uk/
Providing practical, legal and emotional support for migrants at-risk, ensuring that their human needs are met & that they can overcome the barriers they face.

Project 17
www.project17.org.uk/
Work to end destitution among migrant children by improving access to local authority support for vulnerable families.

RefuAid
refuaid.org/
Offer language tuition, education, finance, and access to meaningful employment.

Refugee Action
www.refugee-action.org.uk/
Help refugees get the support they need to live safe, happy and productive lives in the UK.

Refugee and Migrant Forum of Essex & London (RAMFEL).
ramfel.org.uk
Supports vulnerable migrants to access justice and that provides vital support in moments of individual crisis.
Refugees at Home
www.refugeesathome.org/
Help to secure accommodation for asylum seekers through hosting.

Refugee Support Network
www.refugeesupportnetwork.org/
Educational support for 15-25 year olds seeking safety in the UK.

The Bike Project
https://thebikeproject.co.uk/
Fix second-hand bikes and donate them to refugees and asylum seekers. Also provide cycling lessons.

The Entrepreneurial Refugee Network (TERN).
Support refugees to thrive through their own business ideas
www.ternfund.com/

The Migrant and Refugee Children's Legal Unit
https://mcul.org
Based at Islington Law Centre, MICLU work for the rights of migrant and refugee children and young people.

The Refugee Council
https://www.refugeecouncil.org.uk/
Provide crisis advice and practical support, helping refugees to integrate into their new communities and offer mental health counselling.
UNHCR United Kingdom
www.unhcr.org/uk/
The UK office of the United Nations High Commissioner for refugees.

Waterloo Community Counselling
www.waterloocc.co.uk/
Multi-ethnic counselling Service at Waterloo Community Counselling. Provides time-limited culturally-sensitive, mother-tongue counselling to migrants, refugees, asylum-seekers at no cost to the client.

We Belong
Young UK migrants campaigning for a shorter, more affordable route to settlement.
webelong.org.uk

Women for Refugee Women
https://www.refugeewomen.co.uk/
Empowerment and support for refugee women including English Language and Drama sessions.
Local Support Groups
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Akwaaba
akwaaba.org.uk/
Hackney-based social centre for migrants.

CARAS (South West London)
caras.org.uk/
CARAS is a community outreach charity based in Tooting. We support people of refugee and asylum-seeking background who live in South-West London.

CARIS Haringey ክርስ ለታየት
Working to support homeless families in Haringey
caris@haringey.org.uk

Grace (Greenwich Refugee AID and Community Enterprise)
www.graceaid.org.uk/
Provides aid to vulnerable/destitute new parents referred by social carers and midwives.
Grace (Greenwich Refugee AID and Community Enterprise) ከገርስ (ስርር ከይፋ ለወንፋ ከአንድ ከ展望 ከማንፋ ለእንገር ከማንፋ)
www.graceaid.org.uk/

Hackney Migrant Centre
hackneymigrantcentre.org.uk
A weekly drop-in for asylum seekers, refugees and migrants, offering free advice on immigration, welfare, housing and health.

fencesandfrontiers.org
Haringay Migrant Support
haringeymsc.org/
Weekly drop-in service for migrants, offering advice and signposting on immigration, welfare and healthcare issues.

Islington Centre for refugees and migrants
islingtoncentre.co.uk/
Provide a wide range of services from language lessons to arts projects to crisis support.

Lewisham Refugee and Migrant Network
lrmp.org.uk/
Provide free, independent and confidential advice to refugee, asylum seeker and migrant (RASM) communities.

Musawa
www.musawa.org.uk/
Comprised of 10 civil society organisations that primarily serve the BME community in and around Kensington & Chelsea.

North East London Migrant Action (NELMA)
nelmacampaigns.wordpress.com/
Campaigning to defend the rights of all migrants/Free School Meals.

Salusbury World
salusburyworld.org/
Challenging myths about immigration and asylum-supporting refugee kids, families & more in schools & beyond (Based in Brent).
Tottenham Refugee Alliance  
http://tottenhamrefugees.org.uk
Offers sanctuary to refugees in Haringey under the Home Office community sponsorship scheme.

West London Welcome  
westlondonwelcome.com/
Offer free drop-in centre for refugees, asylum seekers, and migrants who have settled in the London Borough of Hammersmith and Fulham.
Asylum System Advice, Legal Support and Support for Detained People

**BID**
www.biduk.org/
Legal advice and representation to migrants detained in Immigration removal centres and prisons.

**Consonant (formerly Migrants Resource Centre)**
consonant.org.uk
Provide legal advice to help people fleeing persecution and violence to live safely in the UK.

**Detention Action**
detentionaction.org.uk/
Supporting people in Detention (Immigration Removal Centres) across the UK.

**Duncan Lewis**
www.duncanlewis.co.uk/immigration.html
Law firm specialising in immigration - particularly asylum support.

**Gatwick Detainee Welfare Group**
www.gdwg.org.uk/
Supporting people in Immigration Removal Centres near Gatwick airport.

**Medical justice**
www.medicaljustice.org.uk/
Medical help for people in detention (Immigration Removal Centres).
Right to Remain
gerighttoremain.org.uk/toolkit/
The Right to Remain Toolkit is an easy to understand guide to the UK immigration and asylum system.

SOAS Detainee Support
/www.facebook.com/soasdetaineesupport
Supporting people in detention.

UKLGIG
/uklgig.org.uk
Support LGBTQI+ people through the asylum and immigration system